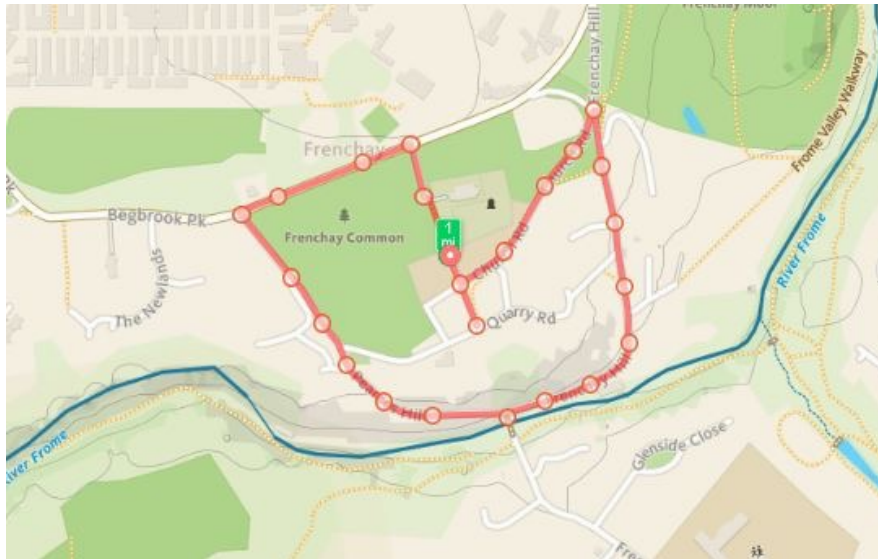


JUST JOG ROUTE CHALLENGE

ROUTE # R1-2
DISTANCE 1 MILE
PROFILE Hilly



1.00 mi.

Activity Type

Running

Name

JJ Challenge R1-2

Description

1m hilly

Viewable By:

Everyone

Save

DIRECTIONS

Turn right out of the school gate and at the end of the lane go straight ahead and then turn and run back to the end of the lane.

Run along Church Road to the top of Frenchay Hill.

Run down the hill.

Run up the other side.

At the end of the road turn right onto Beckspool Road and then back in front of the Church.